



Supporting Independence: Customized Companion Care Services

Senior Helpers in-home companion care services focus on improving the health and well-being of your aging loved ones so they can get the most out of life. While many of our clients enjoy their independence, there comes a time where additional assistance may be needed. Our companion care service options are flexible and customizable according to your specific situation. Our companion care services include...



COMPANIONSHIP & CONVERSATION

Engaging seniors in friendly and engaging conversations to enhance their social well-being.



MEAL PREPARATION

Preparing nutritious meals tailored to the individuals dietary needs and preferences.



SHOPPING & ERRANDS

Assisting with grocery shopping and running essential errands such as picking up prescriptions.



HELP WITH HOBBIES

Supporting seniors in enjoying their favorite pastimes and activities.



TRANSPORTATION TO APPOINTMENTS

Providing rides to medical appointments, social gatherings and other necessary destinations.



LIGHT HOUSEKEEPING

Performing basic household chores to maintain a clean and safe living environment.

SENIOR 
**LIFE
PROFILE**

CONTACT US TODAY!

Maintaining independence is crucial for our seniors. With LIFE Profile and companion care services from Senior Helpers, we make it easy for your loved one to stay independent at home. We offer a free LIFE Profile assessment to understand your loved one's needs, address your questions, and provide personalized care recommendations. Let us help your loved one continue living life to the fullest.