



Senior Care, Only Better.

WHAT IS RESPITE CARE?

Senior Helpers' Respite Care Services enable your senior loved one to comfortably remain in their own home, while providing you with a much-needed interval of rest or relief. As the primary caregiver for your loved one, it is important to recognize that it is ok to take a break from your caregiving responsibilities.

These short-term breaks can help to relieve stress, restore energy, and promote balance in your life.

Call us today to learn more about our LIFE Profile Assessment!

716-815-3174

www.seniorhelpers.com/NY/Buffalo



Our Services



Performing Personal Care



Meal Preparation



Assistance with ADLs



Run errands



Companionship